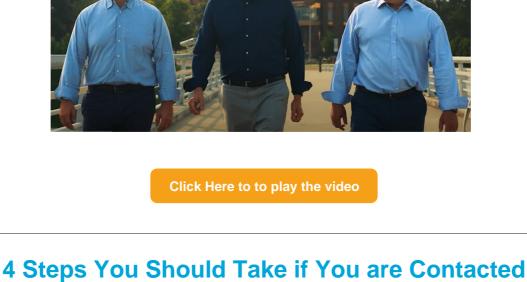
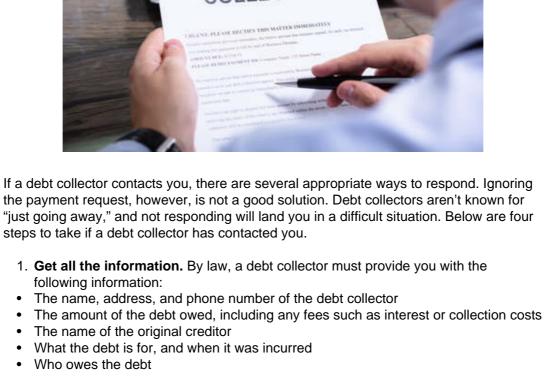
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- 5 Key Questions to Ensure Safe Biking
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- Mani, Ellis & Layne lears



by a Debt Collector



This information must be provided in writing so if a debt collector first reaches out to you by phone, insist they provide the above info in writing and don't give them any personal or financial information until you receive it. 2. **Determine the appropriate response.** If you believe you do not owe the debt that

the collector is contacting you about or need more information, you need to write to the debt collector within 30 days of their initial written contact with you stating your

- response. Be clear if you are disputing the charge. The Consumer Financial Protect Agency offers helpful sample letters you can use depending on your situation. Visit their site here.

3. Learn your rights. You can write to the debt collector and inform them of how and

agency. However, they do not have the right to harass you, and there are lines that

when they may contact you. If you are unable to receive calls at work, for example, you can specify that, and a debt collector needs to respect those restrictions. 4. Hire an experienced attorney to represent you. Debt collectors are entitled to take actions such as sue you or make a negative report to a credit reporting

Swear or using profanity when calling you Contacting you before 8 a.m. or after 9 p.m.

· Lie about who they are

love.

Telling others about your debt Once you hire an attorney, you can inform a debt collector that they are no longer to contact you but only your lawyer instead. Our experienced attorneys can relieve you of the anxiety of these unpleasant encounters and help you determine the best course of action to take.

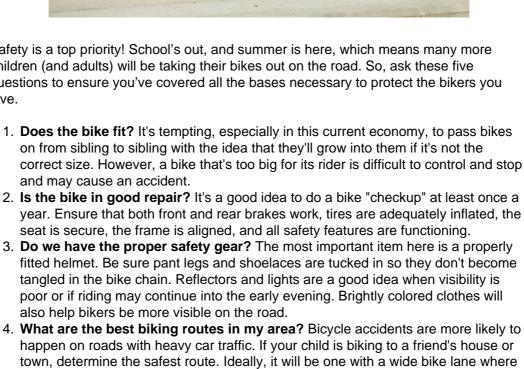
Threaten you physically or tell you they will have you arrested

they may not cross. These include actions such as:

If a family member is harmed by nursing home abuse or neglect in an accident or other personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call (888) 402-9607 for your initial free consultation. Mani, Ellis & Layne, PLLC, injury attorneys in West Virginia, can help you determine whether you need a lawyer for an accident or any personal injury case.

5 Key Questions to Ensure Safe Biking

Safety is a top priority! School's out, and summer is here, which means many more children (and adults) will be taking their bikes out on the road. So, ask these five questions to ensure you've covered all the bases necessary to protect the bikers you



If a family member has been harmed by nursing home abuse or neglect in an accident or any other personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call (888) 402-9607 for your initial free consultation. Mani, Ellis & Layne, PLLC, injury attorneys in West Virginia, can help you determine whether you need a lawyer for an accident or any personal injury case.

5. Does the biker know the rules of the road? One of the primary causes of bike accidents is lack of visibility and drivers who do not anticipate a biker's actions. Bikers must follow the same rules as cars—stopping at red lights and stop signs, traveling on the right side of the road, etc. Don't engage in risky behavior such as giving someone else a ride on the handlebars or trying to ride "hands-free." Teach

fewer vehicles are traveling at slower speeds.

children the proper hand signals for making turns.

- From Our Blog: List of Documents You Need for a New **Accident Claim** responsibility to pay u for using a Network Partiell
- TYPE OF SERVICE Medical Visit Testing | X-ray | Lab TOTAL THIS CLAIM surgery

To Read More Click Here

MANI ELLIS & LAYNE PILC

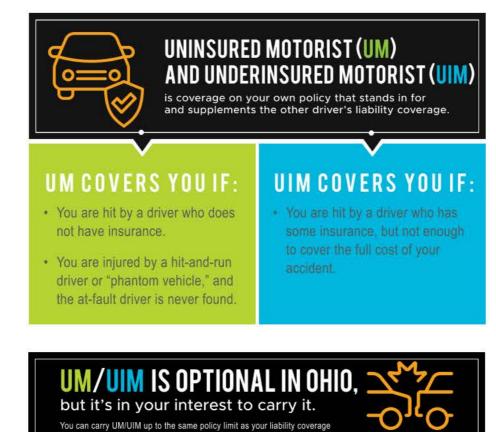
WHY YOU NEED

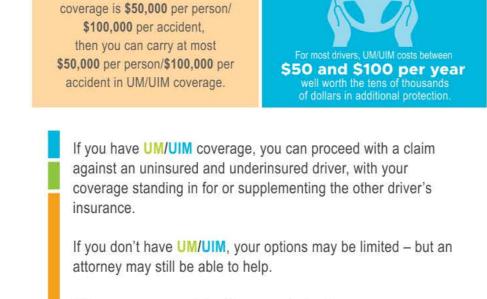
\$98,400



\$50,000 total

\$25,000





Either way, you need legal representation to pursue

full value for your injuries.

Nursing Home Negligence!

Time is of the essence if you or a family member suspects neglect or negligence.

FOR EXAMPLE If your bodily injury liability

877-704-5661 1https://www.iii.org/fact-statistic/facts-statistics-uninsured-motorists ² https://injuryfacts.nsc.org/all-injuries/costs/guide-to-calculating-costs/data-details/ To learn more click here What You Need to Know About

The state of West Virginia has shortened the Statute of Limitations for Nursing Home Abuse or Neglect to 1 YEAR from the date of death or discovery of negligence!

As a firm, we have worked hard to defend the rights of the elderly and their families in West Virginia

have regarding your situation. Give us a call at (304)720-1000 for a free consultation.

MANI ELLIS & LAYNE pllc It's not just business. It's personal."

Give Us A Call Today

to discuss your situation and review your legal options.

Recipe of the Month: Baked Cod with Lemon, Garlic, Capers, and Rosemary

Ingredients: 12, 4-ounce wild-caught cod fillets (skinless) 3 TBSP rosemary leaves (minced) 8 cloves garlic (minced) 2 lemons (thinly sliced) 1/2 cup fresh lemon juice 1/2 cup olive oil 1/2 cup capers (drained) 1/2 teaspoon salt 1/2 teaspoon ground black pepper

2. Lightly brush both sides of cod fillets with some olive oil and season with salt and

3. In a small bowl, mix remaining olive oil, lemon juice, capers and minced garlic and

4. Place a lemon slice on top of each cod fillet. Bake for 8-10 minutes, or until fish is

pepper. Line cod fillets in a single layer within the baking dish.

cooked to an internal temperature of 145°F.

Directions:

Jul 20 Bridgefest Bridge Road Charleston

Jul 21 - 22

Culinary Showcase

Aug 4

Aug 6 **Kevin Gates**

Aug 19 - 21

Aug 27 - 28

Aug 20 India Festival Ohio Expo Center

Jurassic Quest 2022

West Virginia Technology Expo

Charleston Coliseum & Convention Center

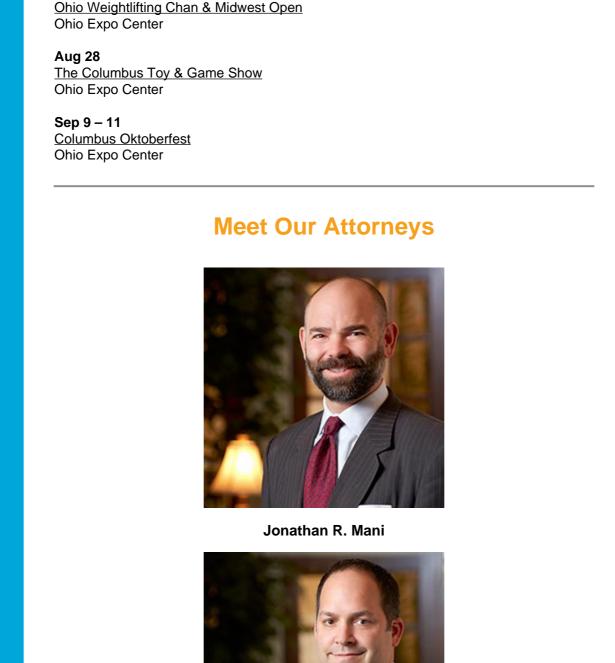
1. Preheat oven to 350°F.

pour over top of cod.

Recipe Courtesy of Homebase

Serves 12 / Serving size:

What's Happening In & Around Charleston, WV & Columbus, OH



Damon L. Ellis



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9:00 AM - 5:00 PM 9:00 AM - 5:00 PM

Three Minds, One Mission - Mani, Ellis & Layne